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Rotary Club of Cooma Inc

*Rotary Theme: Peace and Conflict
Resolution/Prevention*

Meeting – 17 February 2016

Guest Speaker – Kirsty Herbert

If you are unable to attend any meeting YOU SHOULD CONTACT DARRELL GAUKROGER by LUNCH TIME THE TUESDAY before the meeting. Failure to do this will mean that you will be asked to pay for the meal. Darrell's contact details are:- Email - dgcooma@bigpond.net.au Phone - 6452 1159 Mobile - 0407 411 422



Rotary Learning Initiative – First session in Cooma has been deferred because of a lack of numbers. The first session will be in Bombala on the weekend of 12/13 March, possibly with some Canberra members. The next two sessions will be in April and May. Contact Sharon Thomas, ph 0411065044, email: sharonrotary@outlook.com Julia Pedler, ph 0416170012, email: julia.pedler@pedler.id.

ROSTER – FEBRUARY

Attendance	John Ch, Ken
Property	Dugald, Elaine
Fellowship	Helen, Dave B
3 minuter	24/2 Joe
Intro	24/2 Brenda
Thanks	24/2 Brian
Sgt/Thought	24/2 Tony
Markets	John K, Alyson, John Ch, Ken, Elaine M, Katrin, Coffee – Mark JN +1

MARCH ROSTER

Attendance	Brad, Kevin
Property	Claire, John B
Fellowship	Jacob, Ash
3 minuter	2/3 Geoff 9/3 16/3 Jacob 23/3 Neil 30/3 Richard H
Intro	2/3 John Cl 9/3 Brad 16/3 Mark C 23/3 Ken 30/3 Elaine M
Thanks	2/3 Mark JN 9/3 Tom K 16/3 John K 23/3 Claire 30/3 John Ch
Sgt/Thought	2/3 Mark C 9/3 Graham 16/3 Richard L 23/3 Tom K 30/3 Jacob

Best wishes to Rob who is unwell.



MEETING STATISTICS:

Attendance: 87.8%

Guests: Kirsty Herbert and Tatiana Elgey (Club), Victoria Elgey (Ash), Erica Murphy (Mark JN), Jan Payne (David H), Jeannette (John Cl), Christina Laub

Apologies: Peter, Katrin, Joe, Les

Leave: John Cl, Mark L

PROGRAM (thanks to Dave B)

24/2 Sailing on the Endeavour (Brad)

2/3 Anna Behr Yr 10 French Exchange Student

FEBRUARY DATES:

Birthday: Elaine M 25/2

Anniversaries: Mary and Jim 5/2, Judy and Des 5/2, Claire and Hans 7/2

Date joined: Meg and Tom 21/2



Don't forget about the RSPCA Trivia Night being held on March 5 at the Cooma Hotel. Darrell is hoping a team of 8 from Rotary can attend. \$10 per head.



Des spoke about some of his experiences in the police force. The stories were from his time in Sydney as well as Kandos. At times, they would wear plain clothes and would get the location of the SP bookies from the locals. There were times, though, that the plain clothes didn't hide the fact that they were 'bloody coppers'. Another story was about trying to nab a girl who was working out of a pub. The police officer was given money to proposition the girl. The tactic went bust when the girl asked for money than the police officer had been given for the exercise. Another time when he charged an offender, he discovered that the man was the father of the police officer that he, Des, had replaced.



Tatania spoke about her RYLA experience, thanking the club for the opportunity to hear some inspiring speakers, interview well known people such as Kate Lundy and for being involved in some excellent leadership activities. She is grateful for her growth in self-confidence as a result of RYLA.



Dugald spoke about membership, asking members to provide names of two prospective members.





THOUGHT OF THE WEEK: (Mark C)

From Dr Seuss: Why fit in when you are born to stand out?

You have brains in your head, feet in your shoes, you can steer in any direction you choose.

Be who you are and say what you feel: those who matter don't mind; those who mind don't matter.

Today is the day I will behave as if this is the day I'll be remembered.



GUEST SPEAKER – Kirsty Herbert

Coordinator of the Dementia and Delirium Care Volunteer Program, Kirsty has been gratified by the number of people who have expressed an interest in being part of the program. This scheme aims to provide companionship and support to hospital patients who are suffering dementia or delirium and avoid falls, agitation and aggression. Activities undertaken by the volunteers include chatting with the patients, listening to them, reading to them, walking with them, making them comfortable, helping them with eating and drinking and ensuring that their hearing aids and glasses are in working order. However, the program is all about relationships, rather than just doing things for patients.

The program has been in operation in the Bega and Pambula hospitals for some time and now it is to be extended to other places in NSW, Cooma being part of the pilot program, in a bid to prove to the government it is a worthwhile program and will therefore be funded.

The first training sessions were occurring on Thursday and Friday and it is hoped that the first volunteers will be working in the Cooma hospital in a month's time. Kirsty showed a video clip showing duties and responsibilities of volunteers and then another showing the effect of music on patients.

