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# Rotary Club of Cooma Inc

*Rotary Theme: Peace and Conflict  
Resolution/Prevention*

Meeting – 10 February 2016

Guest Speaker – Max Perry

If you are unable to attend any meeting YOU SHOULD CONTACT DARRELL GAUKROGER by LUNCH TIME THE TUESDAY before the meeting. Failure to do this will mean that you will be asked to pay for the meal. Darrell's contact details are:- Email - [dgcooma@bigpond.net.au](mailto:dgcooma@bigpond.net.au) Phone - 6452 1159 Mobile - 0407 411 422



**Rotary Learning Initiative** – First session in Cooma has been deferred because of a lack of numbers. The first session will be in Bombala on the weekend of 12/13 March, possibly with some Canberra members. The next two sessions will be in April and May. Contact Sharon Thomas, 0411065044, email: [sharonrotary@outlook.com](mailto:sharonrotary@outlook.com) Julia Pedler, ph 0416170012, email: [julia.pedler@pedler.id](mailto:julia.pedler@pedler.id).

## ROSTER – FEBRUARY

Attendance	John Ch, Ken
Property	Dugald, Elaine
Fellowship	Helen, Dave B
3 minuter	17/2 Des 24/2 Joe
Intro	17/2 Dave B 24/2 Brenda
Thanks	17/2 Alyson 24/2 Brian
Sgt/Thought	17/2 Marco 24/2 Tony
Markets	John K, Alyson, John Ch, Ken, Elaine M, Katrin, Coffee – Mark JN +1

## MARCH ROSTER

Attendance	Brad, Kevin
Property	Claire, John B
Fellowship	Jacob, Ash
3 minuter	2/3 Geoff 9/3 16/3 Jacob 23/3 Neil 30/3 Richard H
Intro	2/3 John Cl 9/3 Brad 16/3 Mark C 23/3 Ken 30/3 Elaine M
Thanks	2/3 Mark JN 9/3 Tom K 16/3 John K 23/3 Claire 30/3 John Ch
Sgt/Thought	2/3 Mark C 9/3 Graham 16/3 Richard L 23/3 Tom K 30/3 Jacob



## PROGRAM (Thanks to Dave B)

17/2 Dementia and Delirium Care with  
Volunteers Project (Kirsty Herbert)  
24/2 Sailing on the Endeavour (Brad)

## MEETING STATISTICS:

Attendance: 69.8%

Guests: Max Perry and Ally (Club), Michael  
Echarri (Margaret), Jan Payne (David H),  
Darien Perry

Apologies: Jacob, Brenda, Ash, Mark C,  
Richard H, Alyson, Elaine M, Elaine S, Joe

Leave: Dave B, John Cl, Mark L







Ally reported that last weekend she went to Tuross Heads to meet with returning exchange students and she enjoyed hearing their stories. That day there had been a swimming carnival at Monaro High, her first experience of such an event. She went along to cheer for Kendall House. Denver Broncos won the Super Bowl.

David H reported on the working bee on the Lambie Gorge walk. Working with Lions, he and Sue helped to put up signposting.

#### **FEBRUARY DATES:**

**Birthday:** Elaine M 25/2

**Anniversaries:** Mary and Jim 5/2, Judy and Des 5/2, Claire and Hans 7/2

**Date joined:** Meg and Tom 21/2



**Congratulations to Mark JN on his appointment to the District Rotary Youth Exchange Committee.**



#### **THREE MINUTER: Richard B**

Richard told the story of the 'Last Post': during the American Civil War, a young man who was dying was comforted by his father. He asked his father to look in his pocket where there was some music that the son had written. When his son's funeral was occurring, the father asked if a band could play the piece of music. He was told no, but a bugler would be allowed to play it. The tradition has been, ever since, to have a bugler play the piece at ceremonial occasions.

#### **THOUGHT OF THE WEEK: (Meg)**

All mistakes are lessons to be learned and challenges to be overcome. They come in the form of objects, events and people.







## **GUEST SPEAKER: Max Perry**

A long-time teacher in school and TAFE education, Max is now a proponent of the local branch of U3A, the University of the Third Age, a title which refers to the different stages of people's lives. Started in the 1960s, U3A has spread to many countries and there are now 250 branches in Australia.

Courses offered vary widely, the main requirement being to have a tutor. This means that a group of people can find a tutor for the subject that interests them. There are so many people who have retired but still have skills, knowledge and enthusiasms to share with others. The local group, the Snowy Mountains U3A, meets at premises at 75A Sharp Street. Enrolments are received on Mondays between 11am and 12.15pm. Membership is \$40 p.a. and each lesson costs \$1 to cover power, rent, and insurance.

Max stressed the importance of keeping the brain active to avoid some of the debilitating conditions that can occur in later life. U3A is one way of doing this. He offers a course in appreciating Shakespeare and his writing, a course that has surprised him by its popularity.

The important effects of participating in U3A courses include social contact and being stimulated by learning new things.

