



Rotary Theme:

Rotary Foundation

Meeting – 2 December 2015

Annual General Meeting

Be a gift to the world Email: coomarotary@home.netspeed.com.au

Web address: www.clubrunner.ca/Cooma



a bais yeard Paber If you are unable to attend any meeting YOU SHOULD CONTACT DARRELL GAUKROGER by LUNCH TIME THE TUESDAY before the meeting. Failure to do this will mean that you will be asked to pay for the meal. Darrell's contact details are:- Email - dgcooma@bigpond.net.au Phone - 6452 1159 Mobile - 0407 411 422

DECEMBER DATES

BIRTHDAYS: Les 4/12, John B 6/12, Mark JN 9/12, John Cl 10/12, Judy (Des) 5/12, Jeannette (John Cl) 8/12, Carol (Tony) 12/12, Annie (Mark L) 28/12, Lainie (Richard L) 30/12 ANNIVERSARIES: Jan and Mark JN 14/12, Karina and Richard H 18/12, Carol and Tony 20/12, Kim and Chris 24/12, Alyson and Brian 28/12, Marilyn and Darrell 30/12 DATE JOINED ROTARY: Richard L 7/12, Elaine M 16/12







ROSTERS - These will be sent separately from the bulletin this week. Please remember to get someone to substitute for you if you are unable to comply with the roster.

A reminder that SUBS ARE NOW DUE.

Able bodies needed for the tug-o-war at December markets.

Christmas party – <u>Tuesday</u> 15 December at Nimmitabel



<u>Rotary Learning Initiative</u> – a series of fast paced, interactive courses offered to refine Rotarians' leadership skills and increase their base knowledge of Rotary. Dates for the three days of the course are Feb 14, March 13 and April 17 2016. Venues could be shared between Cooma, Nimmitabel and Bombala. Contact Sharon Thomas, 0411065044, email: sharonrotary@outlook.com Julia Pedler, ph 0416170012, email: julia.pedler@pedler.id.au

John K: A big thank you to all who helped, including those from the Christian School, with the catering carnival, and a special thanks to Sue and Darrell who worked long hours. The total number of service hours was 228. John's efforts in organising the event were recognised by acclamation. Due to circumstances beyond our control, the return on all that work, \$1358.60, was very disappointing.



THOUGHT OF THE WEEK: (John K) If your life is free of failures, you are not taking enough risks.



MEETING STATISTICS:

ATTENDANCE: 75.6% GUESTS: Richard Brown (Ash) APOLOGIES: Kevin, John B, Peter, Allan S, Marco, Joe LEAVE: Tom S, John Cl, Mark L, Dave, Tom K MAKE UPS: John Cl









THREE MINUTER: Elaine S

Elaine spoke about neurological damage she incurred through a tractor accident. After a lot of reading and trial and error, she realised that the intake of increased oxygen improved her well-being. This increase was first noticed through taking vitamin B1.

Further research disclosed that many conditions have an inadequate supply of oxygen to parts of the body and sometimes a machine is used to pump in extra oxygen.

Elaine calls her treatment MOT, Mini Oxygen Treatment, which she achieves through deep breathing 24/7.



Rebecca Wuersch, our exchange student in 2012-13, will be visiting the area during the Christmas period.

Next week: Vocational visit to MEIS at 5.30pm followed by meeting, dinner at 6.45pm, speaker Rhonda Howie of MEIS.









AGM: Agenda was followed. Nominations and elections for office bearers:

President 2016-17 – Mark C

Club Service Director 2016-17 / President Nominee – Mark JN

Secretary – unfilled as yet

Treasurer – Dugald

International Service – Meg/Tom

Vocational Service – Richard H

New Generations – Danielle

Community Service – John Ch

Foundation - Neil



