



Rotary Club of Cooma Inc

Rotary Theme:

A New Year

Meeting – 29 July 2015

Nicola Tamis

Be a gift to the world

Email: coomarotary@home.netspeed.com.au

Web address: www.clubrunner.ca/Cooma

IMPORTANT REMINDER!!!

Darrell is now doing attendance SO.....

If you are unable to attend any meeting YOU SHOULD CONTACT **DARRELL GAUKROGER** by LUNCH TIME THE TUESDAY before the meeting.

Failure to do this will mean that you will be asked to pay for the meal. **Darrell's contact details are:-** Email - dgcooma@bigpond.net.au
Phone - 6452 1159 Mobile - 0407 411 422



GUEST SPEAKERS

5/8: Club Assembly - Jindabyne District
Conference information!

19/8: ANU Medical Students

26/8: Alexandra Johns - Our Exchange Student



AUGUST ROSTER

ATTENDANCE		John B, Mark C
PROPERTY		Brad C, Tom K
FELLOWSHIP		Danielle T, Meg T Andrew E, Katrin H
MARKETS 16/7		John K, Elaine S, John Ch, Alyson HJ, Sue S, Margaret E, Tom S, Hass
THREE MINUTER	5/8 Peter D 12/8 Darrel G 19/8 Katrin H 26/8 Jim H	
INTRO	5/8 Elaine M 12/8 Marco R 19/8 Elaine S 26/8 Sue S	
THANKS	5/8 John Ch 12/8 John Cl 19/8 Ash C 26/8 Brad C	
SGT/THOUGHTS	5/8 Andrew E 12/8 David H 19/8 Richard H 26/8 Tom K	

WELCOME!

to our newest Youth Exchange Student from
Kentucky in USA

ALLY JOHNS



AUGUST DATES

<u>Birthdays:</u>	Richard Hopkins	10th
	Ash Constance	11th
	Rob Simms	14th
	David Byrne	15th
	Trish Libauer (Dave)	18th
<u>Joined Rotary:</u>	Ken Prendergast	8yrs
	David Holgate	48 yrs!!!
	Dugald Mitchell	46yrs!!!
	Mark Cooper	6yrs
	Margaret Hassall	6yrs
<u>Anniversary:</u>	John & Yvonne Mercer	7th
	married	35yrs

NOTICES

Club Assembly - Guests will be Peter Kain and Peter Oldfield who are organising the District Conference in Jindabyne and will inform us how we can help. There will also be in-depth reports from the Directors of our club with their plans for this year and everyone will have an opportunity to raise issues that concern them.

Community Services Meeting - to be held at 5pm on Wednesday, 5 August at the Bowling Club.

John Ch - Rotary Spring Ball - Saturday, 19 September at 7.30pm. Organise your table of 10. Tickets are \$40 - Light Supper, Dress; Cocktail, Sydney Band, Floor Show, Raffle, etc.

Condolences to David Byrne and family on the sad passing of his mother.

Annual Reports and District Directories - If you missed getting yours, talk to Les. He has a few spare copies .

Clarification - Dugald has clarified that the profits from the Bowel Care sales, as reported in last week's bulletin, were paid into our account and then paid out again. It was not a profit for our club but is still a very successful outcome.

Ash - RYPEN - Thanks to Danielle, we already have two candidates for the Rotary Youth Enrichment Program to be held at Mogo in September. Participants are between 14 and 17 years old and applications close 29 August. Talk to Ash if you know someone who would like to attend.

Neil - Angry Bee Honey is being made into some delicious mead. If we manage 90% attendance we will be able to taste some of this special Angry Bee Honey Schnapps!



MEETING STATISTICS

Not all available this week either...

ATTENDANCE: 78.6%

GUESTS: Ally Johns, Nicola Tamis, Karen Trigg, Ian & Lee McNamara,

MAKE-UPS: John Clarke; Woden & Weston Creek Rotary Clubs

THREE MINUTER

Ian McNamara - Australia All Over



Ian has been the presenter of the very popular ABC radio show, Australia All Over, for 30 years. Through playing in his Rock 'n' Roll band, Ian learnt that music is a great introduction to people and he became interested in the stories of ordinary Australians. With Lee, his wife and producer, Ian regularly spends time on the road meeting people, collecting their stories and then sharing these stories with the rest of the country. Every Sunday morning on the ABC you can hear stories on Australia All Over that you will not hear on any other radio show. Ian's love of Australia and Australians keeps him excited about getting these stories out there.

Ian's father, Jack, was a musician who played trombone in the ABC band, so Ian met many musician of that time including Dave Price who was second trumpet in the Sydney Symphony Orchestra. (Dave's hobby was constructing model trains!) Others included Frank Sinatra and Frankie Lane. Ray Price, who played Trad Jazz, was another of Jack's contemporaries. Ray was a long haired, bare footed beatnik who played the banjo and was not impressed by the style of music played by Ian and his band.



THOUGHT OF THE WEEK

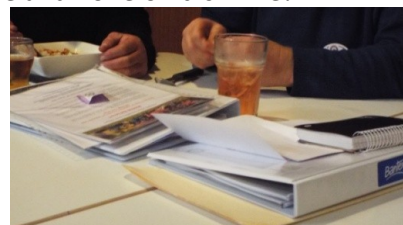
A lazy person will always find time tomorrow to do things for you.



Certificates of Appreciation from Rotary District New Generations Director, John Britton, to thank our club, Brenda and Ash for the outstanding support for Anna Pfeff and the Rotary Youth Exchange program. Ash also presented a banner from Anna's home club that Anna had presented.



Comment by the retired secretary and followed by a happy sigh! - "All that paper work lying on the table and none of it is mine!"





TONIGHT'S PROGRAM

Nicola Tamis - Why Go Into a Book Shop.

Nicola has opened her book shop - Foxtales - in Vale Street opposite the library. She used to visit SnowPrint Bookshop in Jindabyne so much that Shaaron, the owner, finally gave her a job. After some time Nicola decided she would like to open her own shop. Books are a source of ideas and inspiration. A friend of hers, who has a PhD in cancer research, believes that a major cause of cancer and heart disease is stress and this can be alleviated by relaxing with a book. One of the latest innovations are colouring in books for adults and another friend has had these recommended by her doctor to reduce her stress. Fiction books are also good for stress relief and historical novels are a fun way to learn about our past. In her book shop Nicola has books on gardening and land care management. She is very interested in health and holistic management practices and has books that can help in these areas of your life. Information on the latest technology can be found. There is a growing interest in old ways of doing things such as growing crops without poisons using natural methods and this information is available through books in Nicola's shop.

To choose what books to buy for her shop, Nicola checks the monthly distributors' catalogues which include book reviews. Two agents come to her shop regularly and customers make suggestions. Crime fiction is very popular. Her customers often don't enjoy or don't have computers so she is able to help them source the book they want. While E-Books are popular when travelling, they are not always practical in other places, eg in the bath! In the last year, book sales have increased especially for children's books. The most popular authors generally first publish their books in hard covers. After about six months, depending on sales, they will re-publish the books in paperback form. Another six months later a smaller paperback version may be published. Each time the cost of the book is reduced by about \$ 10.



Jim with his 'Robotic' leg. Hopefully Mary's toe is getting better too.

