



Rotary Club of Cooma Inc

Rotary Theme for the Month:

Membership and Extensions

Meeting – 20 August 2014

Guest Speaker – RON STAPLETON

Welcome to Anna!





ANNOUNCEMENTS:

John K – in spite of the wet weather on Sunday, the markets made a profit of \$137.80.

Darrell – Jim Hatfield was discharged from hospital and Darrell drove him to Sydney.

Julia – she and Michael will be away in USA for 9 weeks. The DG, Rowley Tompsett and his wife Denise will be visiting on 15 October. The district conference is on 14-16 November. Registration can be done on the district website - \$120, \$245 if you are going to the two dinners. Speaker will be Dr Brendan Nelson. Any member who has joined Rotary since 1 November 2013 does not have to pay the conference fee, just the cost of the dinners.

Peter: AGM for the Chamber of Commerce will be held on Tuesday 26 August. Discussion will centre around 'Renew Cooma'.

Ashley introduced Anna to club members when they arrived at the meeting. In his three minuter, Ashley mentioned the steps involved in organising a student to participate in the student exchange program. Many months are spent in planning, handling paperwork, phone calls and emails. The club's New Generations director has to ensure that the child protection declarations are completed, that the first host family is ready to receive the student; that a counsellor has been appointed; that the student is enrolled at high school and has a mobile phone and bank account. The exchangee is required to attend as many Rotary activities as possible, including six weekends for exchanges, the district

conference. The highlight of the visit is the Trek Away, a tour of much of Australia.

MEETING STATISTICS: Attendance – 70%

Guests: Julia Pedler (ADG), Michael Pedler, Ron Stapleton (club), Anna Pfeff (club)
Apologies: Tracey, Tom, Helen, Neil, John C, Kevin, Hass, Alyson, Elaine M
Leave: Brian

Next meeting: Rob Wiles, The Information Paradox, for those who thirst for knowledge.



UPCOMING SPEAKERS:

3 Sept - Library visit, dinner speaker Jess Warner
 10 Sept - Laura Dawes and her visit to Vanuatu
 17 Sept – Anna Pfeff – her life in Hungary

For notification of apologies or guests, please contact Les at Leading Edge 64527442(BH) or lee.cooma@bigpond.com



RON STAPLETON

A member of a family that has connections to the meat industry since 1869, Ron has been involved in setting standards of meat grading through his membership of the Meat Standards Advisor Council (MSA). Australia has an excellent system, second only to USA.

There are several factors taken into consideration when grading meat including weight for age, toughness and marbling. It has been found that toughness is caused by stress and this can occur when individual animals are separated from their original group, or are handled roughly especially when en route to the abattoir. Varying seasons do not help cattle as they grow gristle instead of muscle to cope with the cold. Toughness is measured in the pH level, which should be no more than 5.8. Another cause of toughness is the use of hormone growth promotants, HGP: at least one of the supermarket chains now will not sell meat that contains HGP. Marbling does not increase tenderness but leads to more flavour. When conducting experiments on taste, 30,000 taste tests were used.

Cattle yards must comply with standards set by the MSA: concreted, well drained, with water and feed available. Animals should be slaughtered within 24 hours of being delivered to yards.

Consumer preferences have changed over the years with some of the success of fast food outlets occurring because of the



reluctance of people to chew their meat.

Most of the early work on meat standards has been conducted on beef, but lamb is now the focus of taste tests and the determining of standards.



August Dates:

Birthdays: Ash – 11/8; Rob – 14/8; Dave B – 15/8; Trish (Dave Libauer) – 18/8
Anniversary – John and Yvonne Mercer – 17/8

Date Joined Rotary: Ken P – 8/8 - 7 years;
David H – 12/8 – 47 years; Dugald – 12/8 – 45 years;
Mark C – 19/8 – 5 years; Hass – 19/8 – 5 years





Committees:

Community Service: **Elaine S,** Peter
 Tom Geoff Helen Ken D
 Alan Margaret E Graham Jim
 David H Alyson Brian MarkJN
 John K Wolfgang Dave L Ken P
 Marco Rob Des Joe

Membership: **Dugald,** Mark C, John C, Tony
 Publicity: **Dugald,** Tracey
 New Generations: **Ashley,** Kevin, Brenda
 Interact: **John C**
 Foundation: **Hass**
 Vocational: **Elaine M,** Hass
 International: **Patrick,** Richard, John M, Claire
 Club Service: **Neil,** Darrell, David B (program),
 Hass



From the 3rd year med students: a
 photo/note of thanks for our donation
 towards their heating costs.

Rosters: August/September

Attendance	
August	Graham
	Richard
Property	
August	David H
	Patrick
Fellowship	
August	Margaret E
	Neil / Claire
Markets	
21 September	John K Co-ord
	Alyson – PA
	John C
	Tracey
	Mark JN
	David H
	Graham
3 Minute talk	
27 August	Marco
3 September	Dugald
10 September	Margaret E
17 September	Marco
Sergeant/Thought	
27 August	Joe
3 September	
10 September	David H
17 September	
Introduction	
27 August	Darrell
3 September	Neil
10 September	Les
17 September	Tracey
Thank you	
27 August	Kevin
3 September	Katrin
10 September	Joe
17 September	Alyson

