



Rotary Club of Cooma Inc

Meeting - 6 November 2013
Combined Services Meeting
at Cooma Ex-Services Club



Tony Mackenzie receives
Life Membership of Cooma Lions Club

GUEST SPEAKER - Lloyd Worthy - Outward Bound

Lloyd joined the police force at the same time as Des Trute and regularly had to deal with young people who made mistakes and who fell through the cracks because of their bad decisions. Often these were the young people with low self belief. Kids have never listened to adults - they learn from doing. Life is trial and error with better results coming from better decisions. With suicide as the biggest killer of that age group, kids need to learn the essential life skills of resilience, determination, actions and consequences, achievement through personal effort. They have to cope with the world we have given them and are less skilled to do so. They don't understand self discipline. Outward Bound knows what works and gives kids the inner strength to survive.

Outward Bound is a 12 day adventure program which challenges young people aged between 15 and 18 years. The world can be a confusing and challenging place at that age. Outward Bound takes them away from their familiar world and teaches them to deal with the consequences of their decisions. They challenge themselves and learn about their untapped potential. Outward Bound stretches teens to their limits both physically and mentally and gives them the confidence to face life's challenges. It teaches them to rely on themselves when their support systems have been taken away. They learn there is nothing to fear except fear itself and that it's not what happens but how you react to it that counts. Through these challenges they develop inner strength and self belief.

Cooma Lions Club and the Rotary Club of Cooma are forming a partnership to sponsor a young person to attend Outward Bound.

For further information on Outward Bound go to - www.outwardbound.org.au

ROSTERS FOR NOVEMBER

ATTENDANCE	Elaine Schofield, Rob Simms
PROPERTY	Tony Slater, Les Sutcliffe
FELLOWSHIP	Des Trute, Joe Vescio
MARKETS	John King, Alyson Hulley-Jeffries, Mark Cooper, Ken Dane, Peter Davis, Kevin Dunne, Margaret Echarri, Graham French



Notices and Important Dates

- Rural Fire Service Visit - **20 November** - 6pm. Followed by our meal at the Bowling Club
- **AGM - 27 November - at the Bowling Club - 6 for 6.30** - minutes, etc will be forwarded soon
- There are still plenty of **Rotary glasses** available - \$ 2 each - see Katrin if you want some
- Council will be doing a photo shoot at Rotary Oval Exercise Stations on **3 December at 4pm**. Details from Ken Dane.
- Kay Anderson and her team will once again be offering their gift wrapping service outside Toyworld starting **December 13**



NEXT MEETING - 13 November 2013

Three Minuter - President Margaret
Thought of the Week - Mark John-Natley

GUEST SPEAKER - Michael Brennan

"Swimming the English Channel"

Introduction - Ken Prendergast

Thank you - Richard Lawson



ATTENDANCE on 6 November - 75%



Rotary Club of Cooma Inc

The Secretary
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The contact for meeting apologies and for notification of guests is Les Sutcliffe on 02 6452 7442
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