



Peace Through Service

Guest Speakers: Tom Shirvington, Brad Constance & John Sutcliffe - RYLA
Intro: Katrin H **Thanks: Margaret H**

Our guest speakers this week were John Sutcliffe, Brad Constance and Tom Shirvington they shared with us some thoughts on their experience after attending the Rotary Youth Leadership Awards conference. The first thing they mentioned was that last years Cooma attendee, Katie Adams, was a mentor this year. Our first guest was John Sutcliffe, he is studying a Bachelor of Engineering Technology at the University of New England and previously attended the RYPAN course which is a precursor to the RYLA course. Our second guest was Brad Constance, who is currently working for Essential Energy and studying for an Electrical Engineering degree. The final guest was Tom Shirvington who kicked off the proceedings.

“Welcome to a program that is designed to be a journey of discovery and growth” - this was the first thing you read when you open the RYLA program folder. Before going to the program Tom already had great expectations, both his older brothers had attended the RYLA program and he had also attended RYPAN. Even with these high expectations he was surprised at what he got out of it. All throughout the program he was able to look at his past life experiences and how he used some of these skill and now how he is able to grow on those. Of the many presenters Tom selected 3 to talk about. The first was Denise Tompsett, she did a few different presentations but the one about learning and listening styles was the one that impacted Tom the most. The four learning styles she mentioned were activist, reflectors, theorists and pragmatists. He now understands his learning style, he has always told people he was a hands-on learner and that he learns best when he can do something. It turned out that his style is activist and reflector. Denise said that people may fall into more than one category. Tom has already found a real life application for this as a person he works with is a theorist and now he understands this he can work more effectively with that person. The second person was Sonny Forsythe who had to go from being in a place where he was told what to do, to going to another country and having to lead people. In Laos he was involved in a water purification program, while there he had a great idea of how to show the locals how to make their own simple purifiers. Not only does this provided clean water but the means to maintain them in the future. Sonny has inspired Tom to volunteer overseas in the future. The third person was Fred Fork who is involved in the Shelterbox program. The first thing he had them do was erect a Shelterbox tent. He described how from an idea of one person 12 years ago has expended to what it is today with the support of Rotary. His main message was that although you may encounter tough times sticking to your idea can have great outcomes.

John spoke about a young woman called Vanessa Picker who recently lead her team to victory in the 2012 Social Venture Challenge with a project called Play it Forward. The project harnesses sport to build confidence and self esteem in young people. It also encourages the community to donate used sporting goods. On top of this she was selected to speak at Young World Summit in Pittsburgh in front of 1300 young leaders from 138 different countries. Vanessa also plays state cricket for SA, she was a finalist in this years Young Australian Award and turns 22 in February. She is an outstanding example of you do not have to be older to be a leader, she was given an opportunity and took hold of it. Supporting the idea of youth leaders is Rotaract, of which 3 representatives from Canberra came and spoke about some of the projects they are currently involved in. The speaker who inspired John the most was Captain Richard from the Royal Military College, Duntroon. He gave an overview of situational leadership and used examples of how he used this in his field. He used a quote from former US President Dwight D Eisenhower he said “Leadership is the art of getting someone to do something you want done because he wants to do it”.

Brad also found he had high expectation of the program having also attended RYPAN when he was in high school but was still blown away with how much he gained from the experience. Brad also chose to mention 3 different presentations, the first was by Annie Gregg a former TAFE teacher and real estate trainer who now does communication and leadership presentations. This presentation was on personal leadership styles, Authoritarian, Consultative, Democratic and Lais-sez Faire. The second was a joint presentation by Jeff McPherson a former Lt Colonel in the Australian Army and now President of the Canberra Refugee Group and Felix McKister a political refugee from Zimbabwe. Felix shared his experiences under the Mugabe regime - not pretty. The third presenter was ACT Labour senator Kate Lundy, she was not what was expected. At 16 Kate left home, got a job in the construction industry as an asbestos removalist, battling with sexism issues being a young woman in a predominantly male industry. She was given another tough job as the site rep for the BLF, she held that role until 1986 when the BLF folded. She continued advocating for workers rights and improving work safety rising through the ranks until she made it into politics in 1986. She showed how lucky we are here in Australia as we have free speech and the right to have the political opinions we choose. He found her story inspiring. He finished by thanking the Rotary Club of Cooma for the opportunity to attend RYLA where they met some amazing people, made new friends and learnt a lot about themselves, their strengths, weaknesses and a lot about each other.



Les, John & Jan



Georgie, Brad & Ashley



Tom, Irene & Steve

The contact for making apologies and for notifications of guests for dinner meetings is Les Sutcliffe on 6452 7442 or e-mail leecooma@bigpond.com by 10am on

PEACE THROUGH SERVICE

3 MINUTER

The 3 Minuter this week was bought to us by Les S. He spoke to us about South East Africa because it is an amazing place but it is also a very sad place. He and Jan travelled there for a month in September. They travelled into Sth Africa and stayed 30 days. They covered 8,000 km's and visited 8 countries. The thing that struck him more than anything else was that although they are all African countries and you would think they would live under similar socio-economic situations but from boarder to boarder, country to country this is not the case. You go from countries like Sth Africa which is a relatively modern first world country to a place like Malawi, which many people haven't even heard of, which is a true third world country. The situation changes dramatically from boarder to boarder, for example if you cross the Zambezi River from Botswana to Zambia. You see that Botswana is relatively well off (but not by comparison to our standards), the people are happy and for the most part secure and the ferry terminal is quite large, clean and provides easy access but when you get to the other side it is muddy and access is quite difficult. The kindest description would be ramshackle.

Another sad fact is that illness is rampant in the less prosperous countries. Malawi for example has, at any given time, 45% of the adult population suffering from AIDS. One of the outcomes of this is seeking 11 or 12 year old girls carrying a baby, which is their brother or sister, on their backs because there is no parent living. It is also very rare to see an old person as most die young. If you get into your 40's you are considered old. It is a totally bizarre situation. Also in a village they stayed in on Lake Malawi there is at least 50% of the population suffering from malaria.

In finishing he said it is an amazing place to visit but you wouldn't want to live there.

Photo Gallery



Sondra & Don Franks



Tom, John, Hass & Brad



Lou M & Patrick K



Don & Pres Richard



Georgie, Brad & Tom

THOUGHT OF THE WEEK: Claire N

Being too quick to judge someone can deprive you of a great encounter and the possibility of a wonderful long term relationship.

The contact for making apologies and for notifications of guests for dinner meetings is Les Sutcliffe on 6452 7442 e-mail leecooma@bigpond.com by 10am on Tuesdays.

PEACE THROUGH SERVICE

**WE MEET WEDNESDAYS 6.00PM FOR 6.30PM
AT DODDS HOTEL, COMMISSIONER ST. COOMA**

**ROTARY'S THEME OF THE MONTH
World Understanding**

THIS WEEK'S NEWS

We could still do with some people to volunteer to make deserts to feed the Blaze Aid people. Contact John K or Elaine S if you can help.

The 5 cent challenge is still on. It is going well and we have raised \$123.10 plus some eclectic currency consisting of 6 cents in copper, a New Zealand 2 cent and a US dime.

IMPORTANT: If you notice any incorrect details relating to yourself please go on to Club Runner and make the necessary corrections. Personal details are not able to be updated by anyone but yourself. Thank you for making sure everything is up-to-date and correct.

Rare Cancers Kosciuszko Challenge is a fund raising walk from Canberra starting 10 March and finishing at Mount Kosciusko 47 days later. President Richard was approached to see in Rotary could provide any assistance but he had to inform then due to our commitment to Blaze Aid we are unable to help. But if you can provide any assistance on a personal level please contact Kate Vines on 4862 2768 or 0418 263 881 for more information.
Email - kate@rarecancers.com.au

For the Club's 60th Anniversary a sub-committee consisting of Margaret H, Margaret E, Claire N and Elaine M has been formed to investigate an appropriate theme and are still taking ideas. Steve S is still after any photos or other items for the celebration book. He is also seeking any volunteers to go through the Express newspaper archives looking for stories relating to Rotary.

The BBQ on Australia Day raised \$1,344 for the Cooma Public School project - well done all who assisted.

Remember joint meeting with Bombala to be held at Nimmitabel, this will be Tuesday 12th February. Ross Thompson a local bush poet will be the guest speaker. Time is 6.30 for a 7.00 start. Numbers needed this week.

The Hatfield have journeyed to QLD to help their son, Andrew and his family, after the floods.
Darrell G advised former Rotarian Graham Leech passed away last week.

This Weeks Attendance: 33 out of 39 – 84.6%

Visiting Rotarians: Don Franks (Kapunda SA)

Guests: Lea, Tom Shirvington, Brad Constance & John Sutcliff (Club) Irene (Steve S), Kim (Chris A), Tamara (Mark J-N), Daniel Trig, Georgie (Ashley C), Maree (Kevin D), Jan (Les S), Sondra (Don F)

Apologies: Geoff B, Peter A, David B, Jim H, John V, Dave H, Tony S

Leave:

We Also Missed:

Make-ups:

**The Rotary Club of Cooma
The Secretary
PO Box 14
Cooma NSW 2630
Phone: 042 138 150
E-Mail: coomarotary@home.netspeed.com.au**

The contact for making apologies and for notifications of guests for dinner meetings is Les Sutcliffe on 6452 7442 or e-mail leecooma@bigpond.com by 10am on Tuesdays.

PEACE THROUGH SERVICE

ROSTERS	February	March
Attendance	John V Dugald	Chris John K
Property	Brian Elaine S	John C Geoff
Fellowship	Margaret E Clair N	Margaret E Clair N
Markets	David H - Co-ord Alyson H-J - PA Jim H - MR Dave L - V Geoff Ashley Brenda Peter D	David H - Co-ord Alyson H-J - PA Peter A - MR David B - V Hass Les Elaine S Peter D

SOME SIMPLE RULES ABOUT ROSTERS

GENERAL

Members rostered on and not able to attend are to make arrangements with another member to take their place.

MARKETS

Those nominated to tow the caravan or chuck wagon are to be at the Rotary shed no later than 7am. Ensure you get the key to the shed from David Holgate PRIOR TO THE EVENT so the equipment can be set up early. If you are unable to tow the van or chuck wagon PLEASE ASK SOMEONE WHO CAN, or advise David Holgate before the event. Others nominated should be at the park by 8.30am.

Next Weeks Program	Three Minuter	Thought of the Week
Guest Speaker : Intro - Thanks -	6 February - Ashley C 13 February - No meeting	6 February - Lou M 13 February - No meeting

MEMBER HAPPENINGS

BIRTHDAYS	ANNIVERSARIES	YEARS OF SERVICE
Elaine M - 25 February	Jim & Mary Hatfield - 36 years on 5 February	There are no listed Years of Service for this month.
Irene Shirvington wife of Steve - 23 February	Des & Judy Trute - 13 years on 5 February	
	Claire & Hans Neumeyer - 26 years on 7 February	
	David & Kathy Byrne - 13 years on 27 February	

The contact for making apologies and for notifications of guests for dinner meetings is Les Sutcliffe on 6452 7442 or e-mail lecooma@bigpond.com by 10am on Tuesdays.