



## Peace Through Service

### Guest Speaker: Tony Slater - Trip to East Timor

Intro: Kevin D

Thanks: Marco R

Tony spoke to us about his work in East Timor. The aim of the project is to provide dental care to school children and local people who don't live near a major population centre. Also to provide skills so local people, like teachers can provide basic dental care and dental education in remote areas. Following independence from Indonesia, following the destruction of much of the infrastructure and displacement of people, there were only 2 qualified dentist and approximately 35 dental nurses. Tony is planning to return in April. After the team arrived in East Timor they were expecting to be met by Sister Philomena who was to be their translator. She was running very late due to a Sister having had an accident and requiring hospitalisation. In Timor when you are in hospital your care falls to your family. Sister Philomena finally arrived and they then needed to get petrol for the vehicles. You have to know where to go to get uncontaminated petrol. The team finally arrived at the clinic in Mabara which is about 1 1/2 hours west of Dili going along the coast. Part of the luggage they took with them were a variety of dental tools and 400 - 500 toothbrushes donated by Colgate. On arrival a Dili airport the team watched the baggage handlers looking at the toothbrushes all hoping to get one. But the toothbrushes had been donated for the least well of in the remote areas. If you are working, particularly in Dili, you are considered quite well off and can afford to buy your own necessities. The volunteer team had previously set up a dental clinic in Mabara and tried to make it to the standards of what you would find in Australia.

You need to ensure that you dress light and wear sandals which have covered toes due to the temperature being constantly at 35 - 40 degrees everyday. On the way to Liquica the team, stopped at the nearby beach and swan everyday. They also encountered the peloton for the Tour de Timor. This made the drive take twice as long as usual. At Liquica there was Tino who was a dental nurse who also did fillings and extractions and received extra training from one of the team while another qualified dentist carried out work on other patients. Back in Mabara the team did work on local orphans. The team met up with an Australian lady called Suzanna who was teaching English in another part of East Timor. The local orphan dogs are very aggressive due to being underfed and they would take your foot off if you were not careful. The first day was the worst day for extractions. A couple of days after having a tooth out, one man came back with quite a swollen face and Tony was trying to let him know all was well but there was the language barrier and then Tony said 'no problem'. The message was received and the patient went away happy. The last day a Liquica the team treated a group of medical students, who you think would have good mouths, but there were a couple of severe problems that needed root therapy but under the conditions extraction was the only option. When you go somewhere like East Timor you do the best you can do under the circumstances. They also treated Tino's daughter which said to the team they were trusted and were doing the right thing for the people.

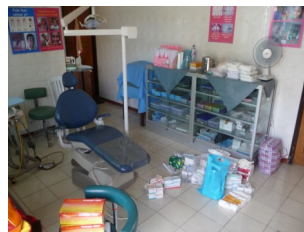
One treat given to the children of the orphanage is when clothing is handed out, it is received with the greatest pleasure.



Arrival



The Beach



Inside the Treatment Clinics



Treating Patients



Outside the Clinic



Local Dogs



The contact for making apologies and for notifications of guests for dinner meetings is Les Sutcliffe on 6452 7442 or e-mail [leecooma@bigpond.com](mailto:leecooma@bigpond.com) by 10am on Tuesdays.

**PEACE THROUGH SERVICE****3 MINUTER**

Our 3 Minuter this week was from Neil B and he spoke about bee keeping. He got into bee keeping after a friend died and his family asked Neil if he knew anyone who was interested in taking over the hives. He did, he had a friend who had just acquired a couple of hives, had read a book and had a half-suit. So they headed off to Canberra to collect the hives. On the night it was quite hot and most of the bees were still out of the hives keeping cool but the blokes were prepared - suit, boots and smoker and unfortunately a pair of trousers full of holes. When they started to move the first hive the bees were quite annoyed and started stinging his friend everywhere and the bees were stinging Neil as well. So they thought they would hold off for a little while and they went to the pub. Finally they decided to stay the night and try again in the morning. They got the hives loaded and headed off, windows down trying to get rid of bees. They got to Williamsdale and decided to stop, Neil went to get a drink and Bill got out to have a smoke. The bloke in petrol station was looking out towards the road and said I wonder what is going on over there. Bill was running down the road being pursued by bees. They finally got back on the road, windows still open trying to get rid of bees. Eventually they arrived back in Cooma, Neil said he was going to park the truck in the middle of the paddock and come back later to unload the hives. Later in the day they came back with better coverings, Bill said he would un-strap the hives and then Neil was to come and help lift them off. Neil was waiting patiently when he looked up and saw Bill running towards the house and shouting - he had forgot to do the zips up on the protective suit and had a hood full of bees. Bill made it to the house and when Neil arrived he found Bill with his head under the tap trying to cool all the stings. They finally got the hives unload. A little time latter Neil decided to move the hives down to his place at the coast and asked Bill if he would give him a hand - Neil now has one less friend!

**Photo Gallery**

Neil B



Lea



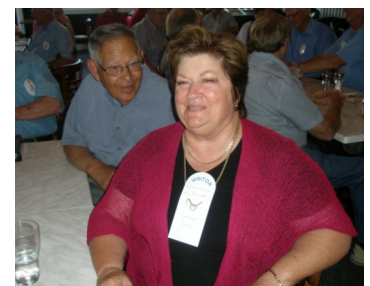
Les S



Kevin D



Peter D



Tom B &amp; Elizabeth Mendez

**THOUGHT OF THE WEEK: Chris A**

Success occurs when your dreams get higher than your excuses.

The contact for making apologies and for notifications of guests for dinner meetings is Les Sutcliffe on 6452 7442 e-mail [leecooma@bigpond.com](mailto:leecooma@bigpond.com) by 10am on Tuesdays.

## PEACE THROUGH SERVICE

WE MEET WEDNESDAYS 6.00PM FOR 6.30PM  
AT DODDS HOTEL, COMMISSIONER ST. COOMA

## ROTARY'S THEME OF THE MONTH Rotary Awareness Month

## THIS WEEK'S NEWS

Rotary is doing the Australia Day BBQ on Saturday 26 January in Centennial Park - calling for volunteers. If you can help out let Dave H know so he can organise a roster.

The 5 cent challenge is still on. It is going well and we have raised over \$100 so far but more 5 cents would be greatly appreciated

John K thanked all those assisted in feeding the fire fighters.

## Photo Gallery



Peter D, Steve S & Tony S



Tony S & Elizabeth



David B & Tony S



Marco R & Tony S

**This Weeks Attendance:** 31 out of 39 - 79.5%

**Visiting Rotarians:** None

**Guests:** Lea (Club), Maree (Kevin D), Elizabeth Mendez (Tony S)

**Apologies:** Peter A, Katrin H, Joe V, John V, Alison H-J, Matt T.

**Leave:** Graham F

**We Also Missed:** Geoff B

**Make-ups:** Tony S (2)

**The Rotary Club of Cooma**  
**The Secretary**  
**PO Box 14**  
**Cooma NSW 2630**  
**Phone: 042 138 150**  
**E-Mail: [coomarotary@home.netspeed.com.au](mailto:coomarotary@home.netspeed.com.au)**

The contact for making apologies and for notifications of guests for dinner meetings is Les Sutcliffe on 6452 7442 or e-mail [leecooma@bigpond.com](mailto:leecooma@bigpond.com) by 10am on Tuesdays.



## PEACE THROUGH SERVICE

ROSTERS	January	February
<b>Attendance</b>	Lou Patrick	John V Dugald
<b>Property</b>	Tom Elaine M	Brian Elaine S
<b>Fellowship</b>	Margaret E Clair N	Margaret E Clair N
<b>Markets</b>	David H - Co-ord Alyson H-J - PA Tony S - MR Wolfgang - V Mark C Joe V Richard L Claire N	David H - Co-ord Alyson H-J - PA Jim H - MR Dave L - V Geoff Ashley Brenda Peter D

## SOME SIMPLE RULES ABOUT ROSTERS

## GENERAL

Members rostered on and not able to attend are to make arrangements with another member to take their place.

## MARKETS

Those nominated to tow the caravan or chuck wagon are to be at the Rotary shed no later than 8am. Ensure you get the key to the shed from David Holgate PRIOR TO THE EVENT so the equipment can be set up early. If you are unable to tow the van or chuck wagon PLEASE ASK SOMEONE WHO CAN, or advise David Holgate before the event. Others nominated should be at the park by 8.30am.

Next Weeks Program	Three Minuter	Thought of the Week
<b>Guest Speaker</b> : Ail Adams - Returning Exchange Student	23 Jan - John K  30 Jan - Les S	23 Jan - John V  30 Jan - Claire N
<b>Intro</b> - David B <b>Thanks</b> - Mark J-N		

## MEMBER HAPPENINGS

BIRTHDAYS	YEARS OF SERVICE	YEARS OF SERVICE
Dugald - 1 January Bob E - 5 January Ken D - 10 January Marjorie Revelant wife of Marco - 12 January Janine John-Natley wife of Mark - 26 January	Alyson H-J - 20 years on 2 January Darrell G - 29 years on 3 January Robb S - 31 years 3 January Alan D - 16 years 5 January Marco R - 21 years 5 January Ashley C - 16 years 6 January Brian J - 23 years 6 January Lou M - 16 years 6 January Des T - 23 years 6 January	Kevin D - 13 years 9 January John M - 19 years 9 January Tony S - 33 years 9 January Bob E - 46 years 11 January Wolfgang - 24 years 11 January Dave L - 42 years 11 January John C - 18 years 12 January Tom B - 13 years 22 January Geoff B - 15 years 29 January
<b>There are no listed anniversaries for this month.</b>		

The contact for making apologies and for notifications of guests for dinner meetings is Les Sutcliffe on 6452 7442 or e-mail leecooma@bigpond.com by 10am on Tuesdays.