

## The Rotary Club of Cooma Inc.

### The Secretary

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**THIS WEEK'S ATTENDANCE:** 32 members out of 44 = 72.7%

**VISITING ROTARIANS:** Nil

**GUESTS:** Jarrod Sopniewski, Tamara Jon-Natley, Mark Jon-Natley, Linda (Club), Judy (Des T).

**APOLOGIES:** Peter A, Mark C, Kevin D, Margaret E, Peter D, Jim H, Alyson H-J, Brian J, Lou M, Matthew T, Joe V. Alan D.

**LEAVE:** John M.

**WE ALSO MISSED:** Nil

**MAKEUPS:** Nil

## Duty Roster February and March

| Thought of the Week         | Fellowship                           | Attendance  |
|-----------------------------|--------------------------------------|---|
| Wolfgang Laub               | Margaret Echarri and Claire Neumeyer | <b>February</b> - Richard Lawson and Matthew Towning  |
| <b>Three Minuter</b><br>TBA |                                      | <b>March</b> - Brenda Campbell-Brown and Patrick Kwan |

| Property                                   | Introduction                              | Markets  |
|--|---|--|
|  |   | Van (V) Market Reserve (MR)  |
| <b>February</b> - Ashley Constance and TBA | David Byrne                               | <b>February</b> - Marco R (V), Jim H, Les S, Elaine M, Patrick K, Alyson H-J (PA), Brian J (MR)<br>David H (Coordinator) |
| <b>March</b> - Neil Brown and John Vucic   | <b>Vote of Thanks</b><br>Margaret Hassall | <b>March</b> - John C (V), Graham F, Margaret E, Tom B, Ken P, Alyson H-J (PA), David B (MR)<br>David H (Coordinator)    |

### SOME SIMPLE RULES ABOUT ROSTERS

**GENERAL:** Members rostered on and not able to attend are to make arrangements with another member to take their place.

**MARKETS:** Those nominated to tow the caravan or chuck wagon are to be at the Rotary shed no later than 8am. Ensure you get the key to the shed from David Holgate PRIOR TO THE EVENT SO THE EQUIPMENT CAN BE SET UP EARLY. If you are unable to tow the van or chuck wagon PLEASE ASK SOMEONE WHO CAN, or advise David Holgate before the event. Others nominated should be at the Park by 8.45am.

**The contact for making apologies and for notification of guests for dinner meetings is Darrell Gaukroger on 6452 1159 or 0407 411 422 or dgcooma@bigpond.net.au**

### MEETINGS:

We meet Wednesdays

6:00pm for 6:30pm at

The Australian Hotel,  
137 Sharp Street, Cooma



# Weekly Bulletin



The Rotary Club of Cooma Inc.

## Australia and it's Future - Interact

Guest speakers were Jarrod Sopniewski and Tamara Jon-Natley from the SMCS Interact Club. Jarrod who during his research found that a community can



have an amazing effect on the individuals within that community and quotes from Malcolm Gladwell's book 'Outliers' on the town of Roseto, mostly inhabited with migrants from Italy, they are some of the healthiest people in USA. Research suggests this not because they are Italian, have a long living gene, eat well or exercise, but because they are about each other, speak to each other, show interest in each other's lives and help when things go wrong. If this is the secret to long life, Australians should ensure we all live for a very long life and are healthy while were are at it. Australians are known to live in a "lucky country", the climate is sweet, we don't have teeming multitudes crowding in on each other. We have sun, surf, rain and no civil war. We have plenty of shrimp on the barbie, while



Brenda introduces Jarrod & Tamara

we watch our sport that we love. Have a good sense of humor and not too many kangaroos loose in the top paddock. We need to take a serious look at our attitude to caring which means to be thoughtful, gentle, helpful, compassionate and loving, which at

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### Items of special interest:-

- February - World Understanding Month
- Month March - Polio Eradication Month
- April - Rotary Magazine Month
- May - Planning Month
- June - Fellowship Month
- July - Literacy Month
- August - Membership Extension Month
- September - Youth Activities Month

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## Interact cont.

times has been lacking. My Grandfather's motto is 'you must leave things better than when you found them', whether it is the house you live in, the community or organisation you are a member of. Jarrod said Cooma is a microcosm of how our world can be because people in this town care about people in the town, cheer for the very good things, work hard to make life easier for others and give themselves for the good of others. Rotary itself is a microcosm of caring. Ask yourself what would it take to change the world. Rotary's 1.2 million members in 34,000 clubs worldwide believe it starts with a commitment to service above self or taking time to give of themselves for the good of others. Where members volunteer in communities at home and abroad to support education, job training, provide clean water, combat hunger, improve health, sanitation and eradicate polio. Its one of the reasons that SMCS was enthusiastic about starting an Interact Club. We share that philosophy 'service above self'. The second speaker was Tamara Jon-Natley who supported Jarrod's ideas. Migration has made Australia a multicultural nation and rich as a result of it; and divests citizens the freedom to share the closeness of the heritage from our many native lands. Tamara said music stands out for her as a source of richness. Although we would find music wherever we were born, but in Australia there is no restrictions on what and where you can play. Her violin is an extra voice, allows her to communicate to everyone with no verbal barriers. She said she really loves Vivaldi's Four Seasons and played the first movement of his concerto in A minor. Tamara loves music which has been gifted to her from previous generations all over the world. She is looking forward to future musical gifts to come as a result of being born into, and living in, such an amazing land. Happy Australia Day.



John thanks Jarrod & Tamara

## Thought of the Week - John King

*Common sense is the knack of seeing things as they are  
and doing them as they ought to be done.*



## Member Happenings

| Anniversaries           | Birthdays         | Years of Service |
|-------------------------|-------------------|------------------|
| Des & Judy T - 5 Feb    | Irene S - 23 Feb  | None this month  |
| Jim & Mary H - 5 Feb    | Elaine M - 25 Feb |                  |
| Claire & Hans N - 7 Feb |                   |                  |

## Gallery



**Next week's program:** Katie Adams  
"Report on a RYLA Experience"

**Following week:** Jenny Christopherson (nee King)  
"TBA"

Bulletin Reporter - Des Trute  
Bulletin editor & production - Irene Shirvington