

The Rotary Club of Cooma Inc.

The Secretary

PO Box 14
COOMA NSW 2630

Phone: 0402 138 150

E-mail:

coomarotary@home.netspeed.com.au

Web: www.coomarotary.net.au

THIS WEEK'S ATTENDANCE: 24 out of 45 = 53.3%

VISITING ROTARIANS: Nil

GUESTS: Rosie Schenker and Robbin Mould (Dugald M), Barbara Scanes (Club).

APOLOGIES: Peter A, David B, Ashley C, Margaret E, Brian J, John M, Cheryl and Colin M, Claire N, Joe V, John V, Alan D, Matthew T.

LEAVE: John M, Alan H, Neil B, Brenda C-B, Robbyn C, Graham F, Jim H, Julie J, John K.

WE ALSO MISSED: Nil

MAKEUPS: Nil

Duty Roster November, December and January

Thought of the Week

Tom Bellgard

Three Minuter

Nil

Fellowship

Margaret Echarri and
Claire Neumeyer

Attendance

November - Geoff Bowland
and Mark Cooper
December - Elaine Mooney
and David Byrne

Property

November -
Margaret Hassall and
Tom Bellgard

December -
Darrell Gaukroger and
Patrick Kwan

Introduction

Cheryl Mould

Vote of Thanks

Tom Bellgard

Markets

Van (V) Market Reserve (MR)

December - Colin M (V),
Elaine S, Steve S, John K,
Cheryl M, Alyson H-J (PA),
Mark Cooper (MR)
David H (Coord)

January - Lou M (V), Rich-
ard L, Tom B, Robbyn C,
Ken D, Alyson H-J (PA),
John Clarke (MR)
David H (Coord)

SOME SIMPLE RULES ABOUT ROSTERS

GENERAL: Members rostered on and not able to attend are to make arrangements with another member to take their place.

MARKETS: Those nominated to tow the caravan or chuck wagon are to be at the Rotary shed no later than 8am. Ensure you get the key to the shed from David Holgate PRIOR TO THE EVENT SO THE EQUIPMENT CAN BE SET UP EARLY. If you are unable to tow the van or chuck wagon PLEASE ASK SOMEONE WHO CAN, or advise David Holgate before the event. Others nominated should be at the Park by 8.45am.

The contact for making apologies and for notification of guests for dinner meetings is Darrell Gaukroger on 6452 1159 or 0407 411 422 or dgcooma@bigpond.net.au

MEETINGS:

We meet this Wednesday

6:30pm for 7:00pm at

Cooma Bowling Club

Mawson Lane, Cooma



Weekly Bulletin



The Rotary Club of Cooma Inc.

Dialysis at Cooma Hospital - Barbara Scanes and Dugald Mitchell



Rob thanked Dugald and Barbara

Guest speakers were Dugald Mitchell and Barbara Scanes who spoke on the dialysis at Cooma Hospital. Dugald said dialysis works by hooking a patient to a machine which does the job that a persons kidney usually does. The patient is normally hooked up to the machine three times weekly for 4-5 hours. The committee consists of six people, including Barbara Scanes VP and patient head counter, Robbin Mould is the best buddy and a couple of Rotarians, including Claire N. They have obtained three home dialysis chairs in a room at the hospital. These are not being used in homes as quite a lot of water is used in cleaning the machines after use. These chairs were bought with donations received from many sources including a \$39,000 anonymous donor. The dialysis unit is run at Woden Hospital, and buddies, who accompany patients for their treatment are trained in Canberra. Dugald said before the last state election the Shadow Minister for Health announced that \$1M would be provided if the coalition was elected, to set up a satellite unit in Cooma with Can-

Issue: 16 November

Items of special interest:-

- November - Rotary Foundation Month
- December - Family Month
- January - Rotary Awareness Month
- February - World Understanding Month
- Month March - Polio Eradication Month
- April - Rotary Magazine Month
- May - Planning Month
- June - Fellowship Month

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Dialysis cont.

berra remaining in charge. Information and suggestions have been provided, but to date nothing has happened. The group has met with Greater Southern and last Thursday it was announced that a six month project would be set up. Greater Southern said they would provide new machines of a caliber between those in a satellite unit and the current home dialysis ones. Barbara Scanes spoke on Renal Physician/Specialist Outpatient Services, which could deliver ten outpatient clinics per year to approximately 70 clients in Cooma and surrounding areas; Early Detection and Secondary Prevention Services - a Renal Clinical Nurse employed in the Cooma Health Service would provide these services and would work with GPs and Renal Specialist services; Enhancing Self Care Dialysis Services - recent approval for the use of a self care dialysis machine for two clients instead of one, this allows the increase of the dialysis capacity at Cooma to six patients, but there is a lot of cleaning and also individual settings to be adjusted. Barbara also spoke on carer support, it was not clear what this would be but each patient needs a 'buddy', someone in the dialysis room when the patient is being treated. It was also mentioned that people with diabetes are at risk of needing Dialysis treatment. Dugald thinks they are close to a solution, and especially important is that it seems at long last there will not be a need for any patient to travel to Canberra three times a week for treatment and the quality of the services will be very professional.



Introduction by Ken

Thought of the Week - Mark Cooper

The real art of conversations is not only to say the right thing at the right time, but leave unsaid the wrong thing at the tempting moment.

Member Happenings



Anniversaries

Birthdays

Years of Service

| | | |
|-------------------|-------|---------------|
| Graham F - 16 Nov | Joe V | 18 Nov 02 yrs |
| Wendy H - 16 Nov | | |
| John M - 16 Nov | | |
| Maree D - 28 Nov | | |

Gallery



News

ANNUAL GENERAL MEETING is on 14 December 2011, if you haven't obtained a copy of the proposed amended bylaws, see Steve S.

CHRISTMAS PARTY is on 21 December 2011.

CHRISTMAS CAKES, PUDDINGS AND BISCUITS at the dinner meetings of 23 and 30 November, Rob Simms will circulate an order form. To ensure delivery from the supplier in time to distribute the items in time for Christmas, no orders will be accepted after the above dates. Please discuss your needs with your partners so that you can place an order with confidence.

Next week's program: Colin Mould
"His Father Boyd Mould"

Following week: TBA

Bulletin Reporter - Des Trute
Bulletin editor & production - Irene Shirvington