

NEXT MEETING SATURDAY 6 February

7 for 7.30pm Happy Valley

Guest Speaker : Neville Locker - Monaro History.

INTRODUCED BY: David Epstein

VOTE OF THANKS: Dugald Mitchell

APOLOGIES OR GUESTS : Please advise Darrell Gaukroger on 64523302 by midday of meeting.

FAX A FINE - Mark Revelant 64521815

ROSTER FOR FEBRUARY 1999 : Attendance: Jim Nightingale/Les Strezlecki Property: Charles Oades

*****Re Roster Duties:** Please arrange for a member of each team to be there or a substitute if not attending.

FUTURE PROGRAMS

10/2 Keith Stephens - 40 Years In The Clergy.

THOUGHT OF THE WEEK

by ???? (Steve forgot to tell us who it was)

If at first you don't succeed, skydiving is not for you.

Next Weeks Thought of the Week by - Geoff Bowland.

NEWS AND HAPPENINGS

*** The Meeting At Happy Valley** on Saturday 6th of February will be 7 for 7.30pm and bring your partners. \$15 per person. Those who don't want to drive should talk to other members and arrange a car pool.

*** Rutherglen Trip** - a 3 day trip to this wine growing region is scheduled for 19 to 21 of March. Members going along to taste the delights of this region will visit 6 wineries plus visit the Air World Museum, the historic town of Chiltern and the Ettamogah Pub. All this and more for just \$295 per head, see President Gordon for more information.

***Kevin Gale** of Rotary Club Canberra East spoke about prostate cancer. In 1992 the Rotary Club of Lane Cove in Sydney founded the Prostate Cancer Research Foundation to raise funds to finance research into this disease.

In Australia in 1995, 6000 men were diagnosed with prostate cancer, 2200 of these men died from the disease.

If you have a brother or father with prostate cancer, your risk of contracting the disease is doubled. There are 2 forms of the disease, the first is quite common and poses no clinical problems for the sufferer. The second form is characterised by dribbling and frequency. Testing methods are by either digital examination, PSA test or biopsy and none of these are foolproof.

What if you are diagnosed ? You have 3 options. 1) Do nothing and the disease could spread, 2) Radio Therapy Treatment can help but it also can just "stun" the disease and not kill it outright leaving it to become active again, 3) Surgery is also an option but until you undergo the procedure it is not known how far the disease has spread.

After being informed of the above your Doctor is likely to ask you to decide which of the 3 available options you wish to take.

What is needed is further research into prostate cancer, for every dollar spent on prostate cancer research \$20 is spent on breast cancer research.

The aim of the Prostate Cancer Research Foundation is to raise \$5 million over the next 3 years and use the interest from this to fund research. Alyson H-J of our Club has volunteered to act as coordinator for this project and no doubt over the next year or two Alyson will be asking us to help the Foundation raise this fund. Ashtons Circus have agreed to donate their first nights takings plus 20% of the net takings when they come to town and the local Club helps promote the event.

***Dinner and Charity Auction** - Saturday June 19, hosted by the Rotary Club of Canberra East at the Hellenic Club in Woden to raise funds for the Prostate Cancer Research Foundation, cost is \$75 per head.

***Vale.** Deepest sympathy to Dave Libauer at the passing of his father at Cape Town, aged 96.

Attendance Last Week: 29 out of 42 members = 70% **Guests:** M Echarri (Geoff B.), Bev Gale (Kevin), Kevin Gale (Canberra East), Geoff Slater (Rainhill, UK). **Apologies:** Tony D, Brian J, Julie J, Wolfgang L, Ken P, Tony S, Les S Ken D. **Leave of Absence:** Carlo P, Mark H, Judy & Peter T, Ashley C. **We Also Missed:** Nobody.

ROTARY INFORMATION

WORLD HEALTH PROJECTS

Rotary Provides safe Water - International Water Resources association gave its 1997 Award to Rotary International, for providing safe water projects. 260 Water Projects R.F. Matching Grants in 1996-97. (The Rotarian, Jan. p.46)

BULLETIN REPORTER

Steve Shirvington.